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| --- | --- | --- | --- | --- |
| **Monday Main** | **Tuesday Main** | **Wednesday Main** | **Thursday Main** | **Friday Main** |
| **Roasted Vegetable & Sausage Traybake** | **Double Cheese & Onion Quiche**  **(No Pastry) V** | **Pasta Bolognese** | **Chicken & Vegetable Curry**  **H** | **Battered Fish with Tartare Sauce** |
| **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** |
| **Roasted Vegetable & Vegan** | **As Above** | **Vegan Mince Pasta** | **Vegetable & Spinach** | **Vegan Sausage** |
| **Sausage Traybake** |  | **Bolognese** | **Curry** |  |

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| **VE** |  | **VE** | **V** | **VE** |
| **Sides** | **Sides** | **Sides** | **Sides** | **Sides** |
| **Garlic & Herb Baby Roasted Potatoes**  **V** | **AGS Chopped Salad Homemade Potato Salad**  **V** | **Cheese Garlic Bread**  **V** | **Boiled Rice Naan Bread**  **V** | **Oven Baked Chips Mushy Peas**  **V** |
| **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** |
| **Jam & Cream Scones** | **Jelly & Ice Cream** | **Shortbread** | **Fruit Salad** | **Lemon Roly Poly**  **& Custard** |
| **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** |
| **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** |
| **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** |

If the menu is unsuitable please look at the alternative menu or Speak to the School Cook

(V) = Vegetarian (VE) = Vegan (H) = Halal Alternative Available

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| --- | --- | --- | --- | --- |
| **Monday Main** | **Tuesday Main** | **Wednesday Main** | **Thursday Main** | **Friday Main** |
| **Chicken Crunch Wrap (Cold)** | **Chinese Pork & Mushroom** | **Homemade Tomato Soup with Cheese Garlic Bread Slice**  **V** | **Beef Moussaka** | **Chicken Nuggets** |
| **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** |
| **Veggie Crunch Wrap** | **Chinese Mushrooms** | **As Above** | **Vegetable** | **Veggie Nuggets** |
| **(Cold)** | **& Vegetables** |  | **Moussaka** |  |

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| **V** | **V** |  | **V VE** | **V VE** |
| **Sides** | **Sides** | **Sides** | **Sides** | **Sides** |
| **Garlic Roasted New Potatoes**  **AGS Chopped Salad V** | **Egg Noodles**  **V** | **Cheese Crunch Sandwich**  **V** | **Greek Salad Couscous Pitta Bread V** | **Baked Oven Chips AGS Baked Beans**  **V** |
| **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** |
| **Flapjack** | **Banana Custard (Cold)** | **AGS Trifle** | **Peach Gingerbread pudding**  **& Ice Cream** | **Fudge Pudding with Whipping Cream** |
| **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** |
| **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** |
| **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** |

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| --- | --- | --- | --- | --- |
| **Monday Main** | **Tuesday Main** | **Wednesday Main** | **Thursday Main** | **Friday Main** |
| **Vegetables Curry** | **Beef Bolognese Lasagne** | **Fish Fingers** | **Pork, Sage & Onion Roll** | **Pineapple & Ginger Chicken** |
| **V** |  |  |  |  |
| **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** | **Vegetarian Choice** |
| **As Above** | **Vegan Bolognese** | **Vegan Fish Fingers** | **Cheese, Potato &** | **Pineapple & Ginger** |
|  | **Lasagne** |  | **Onion Roll** | **Stir Fry Vegetables** |

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|  | **V VE** | **V VE** | **V** | **V** |
| **Sides** | **Sides** | **Sides** | **Sides** | **Sides** |
| **Boiled Rice** | **AGS Chopped Salad Garlic Bread Slice** | **Creamed Potatoes AGS Baked Beans** | **AGS Baked Beans New Potatoes** | **Egg Noodles** |
| **V** | **V** | **V** | **V** | **V** |
| **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** |
| **Berry Muffin** | **Sticky Toffee Pudding & Ice Cream** | **Rainbow Cookies** | **Jelly with Fruit** | **Lemon B&B Pudding**  **& Ice Cream** |
| **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** |
| **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** |
| **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** |

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| **WEEK 4** |  | **Armley Grange School Menu** |  | |
| **Monday Main** | **Tuesday Main** | **Wednesday Main** | **Thursday Main** | **Friday Main** |
| **Beef Burger with Onions & Peppers** | **Battered Fish with Tartare Sauce** | **Baked Potatoes V** | **Chicken Fajita Pasta Bake** | **Sweet & Sour Pork** |
|  |  |  | **V** |  |
| **Vegetarian Choice** | **Vegetarian Choice** | **Served With either** | **Vegetarian Choice** | **Vegetarian Choice** |
| **Vegan Burger with Onion**  **& Peppers** | **Vegetable Nuggets** | **AGS Baked Beans Tuna Mayo Grated Cheese** | **Vegetable Fajita Pasta Bake** | **Sweet & Sour Vegetables** |
| **V** | **V** |  |  |  |
| **Sides** | **Sides** | **Sides** | **Sides** | **Sides** |
| **Baked Oven Chips AGS Chopped Salad** | **Baked Oven Chips Mushy Peas** | **AGS Chopped Salad Homemade Colesla** | **Garlic Bread Slice AGS Chopped Salad** | **Boiled Rice** |
| **V** | **V** | **V** | **V** | **V** |
| **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** | **Dessert of the day** |
| **Custard Rice Pudding (Cold)** | **Apple& Raspberry Traybake** | **Jam Roly poly**  **& Custard** | **Fruit Compote & Ice Cream** | **Fruit Salad** |
| **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** | **Alternatives To Dessert** |
| **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** | **Assorted Fruit Yoghurt** |
| **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** | **Assorted Fresh Fruit** |

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